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BEST ROLLER SKATES FOR BEGINNERS - A SKATEH

Posted in [Roller Skating](#), on 17th July 2019

THE BEST BEGINNER ROLLER SKATES FOR ADULTS

Roller skating is a fun activity and a great workout for the whole family! It can get you out and about having fun in your local park, or busting out the moves at your local roller disco. Buying your own set of skates is an amazing feeling; especially if all you're accustomed to is the rental skates at the roller disco that have been worn hundreds of times! Investing in your own pair after this has got to feel pretty sweet.

It can be daunting buying your first pair of roller skates so we've created a handy guide to highlight some of the best beginner skates for you. There are different types of roller skates available to you so it's important to know what features to look out for.

YOUR GUIDE

SFR Storm III Adjustable Roller Skates -Black/Blue - White/Pink



Choosing [kids roller skates](#) can be challenging as a good skate should feel fitted for comfort and children grow quickly. In these instances adjustable skates are the best way to go. Adjustable skates are skates that can be adjusted to fit the skaters feet, as they grow. A lot of adjustable skates like the SFR Storm III have a hard outer shell around the foot and ankle which will provide durability when learning to skate whilst your foot is kept comfortable inside a soft liner.

Also most models are extremely easy to adjust quickly, on the Storm III's simply push the blue button next to the ankle when the straps are open and the toe box can be moved forward to increase room. Let go of the button and slide the toe box forward and it will audibly click when it's reached the next fitting size.

SFR Vision II Quad Roller Skates -Tropical - Purple - Blue



If you're opting for a nonadjustable set of skates, the best range for comfort and budget will be the SFR Vision II. These skates are a good choice as the boot is made from a semi soft vinyl. This means they won't stretch out very easily and they're amazingly vegan friendly!

The Vision II has a high cut and a loop strap providing great ankle support and stability, to help you skate smoother. They also have 53mm tall wheels which are rated 88a durometer. This means that the the wheels sit nicely between being hard enough to use indoors, without being sluggish and soft enough to be used outdoors.

Rookie Bubblegum Quad Roller Skates -Blue - Pink



Rookie Bubblegum Quad Roller Skates will give you the support of a figure skate but with the cushy softness of a hightop sneaker. For additional ankle support, these skates can be laced through the eyelets all the way up to the top of the boot. The Rookie Bubblegum boot is comfortable because it is fleece lined and padded and also has a pronounced heel which will elevate your heel, improving your posture into a better skating stance.

The plate of the skate and the trucks are nylon making the skate lighter in weight, so you can glide with ease. The Rookie Bubblegum wheels are 58mm tall and are 82A durometer which makes them lovely and soft for outdoor skating without worrying about grit tripping you up.

Rio Roller Signature Quad Roller Skates -Green - Yellow - Navy - Purple



To close out our guide we've included a more premium set of skates that again combine comfort, support, performance and adjustable toe stoppers. The Signatures are extremely plush and comfortable on the inside with a brushed velvet liner. The outer is durable and stylish with a brushed PVC leather finish.

The plates and trucks on these skates have aluminium trucks and poly urethane bushings for better turns and snappy transitions to backwards skating – when you're ready! The 82A durometer wheels are super soft for better outdoor skating and they come loaded with abec 7 bearings for a longer roll time.

The signature quad skates also come equipped with adjustable toe stops so you can adjust how low they are to the floor. Keep note of this as it may help save you from cramped calf muscles...you'll thank us later!

BEGINNER SKATING TIPS

If you're just starting out, click play to learn some beginner skating tips from our YouTube channel.

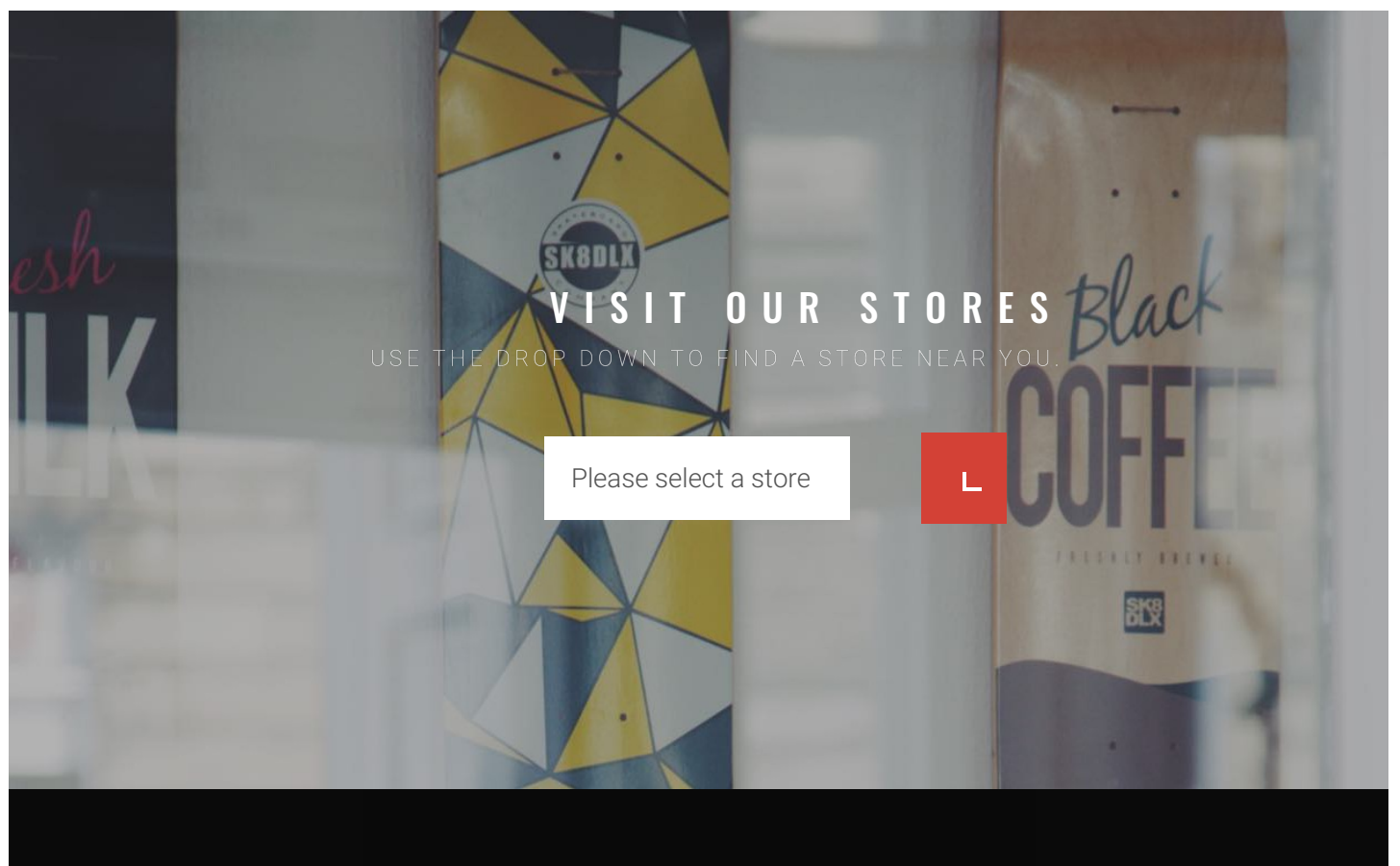
Roller skating is a great way to get your exercise in whilst having a tonne of fun. For more information on these skates and to view our entire range visit our [Kids Roller Skates](#) or [Adult Roller Skates Collections](#).

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